

SHAMNA M

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OBJECTIVE: To be associated with a progressive organization or a research team and effectively assimilate knowledge and to be part of the team that dynamically works towards the growth of the organization and self.

STREAM:

- **M.PHARM (PHARMACY PRACTICE) – January 2011**

WORK EXPERIENCE

- Working as **Lecturer in Department of Clinical Pharmacy, College of Pharmacy, Jazan University, Jazan, K.S.A** since 15th October 2013.
- Worked as **Lecturer in Department of Pharmacy Practice at Al Shifa College of Pharmacy** from 26th September 2011 to 31st July 2013.
- **Associate editor of a Journal, Archives of Pharmacy and Biological Sciences (www.journalapbs.com).**
- Worked as a **Community Pharmacist in Shamna Medicals, Perinthalmanna** for a period of 1 year in 2008.
- **Executive editor of publications from Dpt. Of Pharmacy Practice, Al Shifa College of Pharmacy, India.**
 - **ShifaClinPharm, newsletter**
 - **ADR Bulletin**
 - **Drug Updates**

ACADEMIC QUALIFICATIONS

| COURSE | UNIVERSITY | YEAR OF COMPLETION | RESULT |
|--------------------------------|-----------------------|---------------------------|---------------|
| M.PHARM (Pharmacy Practice) | University of Calicut | 2011 | 79.22% |
| B.PHARM | University of Calicut | 2008 | 66.32% |
| PLUS TWO | Kerala Board | 2002 | 69% |
| SSLC | Kerala Board | 2000 | 82.5% |

PROFICIENCY

- Involved in preparation of **Hospital Formulary** for Al Shifa Hospital.
- Involved in preparation of **Paediatric Formulary** for Al Shifa Hospital.
- **Guidelines** prepared:
 1. Smoking cessation.
 2. Geriatric Pharmacotherapy.
 3. Paediatric Pharmacotherapy.
- **Pamphlets and Patient Information Leaflets** prepared:
- **Designed Log Book for Pharm.D Students of Al Shifa College of Pharmacy.**
- **Documentation forms** prepared for daily activities of clinical pharmacy
 1. Drug Information Request and Documentation Form
 2. Patient Counseling Documentation Form
 3. Patient Counseling Requisition Form.
 4. Medication Error Reporting and Documentation Form
 5. Intervention Documentation Form
 6. Adverse Drug Reaction Monitoring and Reporting Form
 7. Case Presentation Documentation form
 8. Medication History Interview Form
 9. Medication Order Review Form
 10. Patient Profile Form.
- **Computer** - Well versed in MS Office package, C-Programming, Internet basics etc.

- A result oriented teaching professional.
- Good research and excellent written and interpersonal communication skills.
- **AREA OF INTEREST:** Medication Safety and Provision of Drug Information.

PROFESSIONAL MEMBERSHIP

- Member of pharmacy council of Kerala. **Reg. No. 36445.**
- Member of Indian Hospital Pharmacists' Association. **LM-092M**
- Qualified Saudi Prometric examination and registered in Saudi Commission for Health Specialties.

ACHEIVEMENTS AND AWARDS

- **GATE** (Graduate Aptitude Test in Engineering) 2009 (77.31Percentile) qualified and got a scholarship of Rupees **1, 92,000** for Post Graduate study.
- **GPAT** (Graduate Pharmacy Aptitude Test) 2011 (18.22%) qualified.
- **University rank holder in M.Pharm Pharmacy Practice.**
- **Awarded Rupees. 1000 for winning third prize in oral presentation of a research paper** in a National Conference held at PSG College of Pharmacy, Coimbatore, India.

PROJECT DETAILS AND ACADEMIC EXPOSURES

- **M.Pharm:**
 1. Prospective observational study of medication errors in a tertiary care hospital & Effect of Clinical Pharmacist intervention on reduction of medication errors.
 2. Assessment of prescription pattern of diabetes mellitus in Malappuram District.
 3. Prescription analysis of hypertension in Malappuram District.
- **B.Pharm:** Adverse Drug Reaction monitoring in a tertiary care referral hospital.

▪ **Projects Guided:**

M.Pharm 1. *A Prospective study on the effectiveness of Clinical Pharmacist Intervention on Smoking Cessation Program in a Tertiary care Hospital.*

2. *A Prospective Observational study on medication errors in paediatric and geriatric departments of a tertiary care hospital.*

B.Pharm 1. *A Retrospective study on Prescription Pattern of Antibiotics in Pediatric Departments of a tertiary care hospital.*

2. *A Retrospective study on anti asthmatic prescription pattern in the inpatient departments of a tertiary care referral hospital.*

▪ **Publications:** Six (6) papers – (Four (4) in International journals and Two (2) papers presented in National level)

1. *Adverse Drug Reaction monitoring in a tertiary level referral hospital, Perintalmanna. - Research Journal of Pharmaceutical, Biological and Chemical Sciences.*

2. *Prescription pattern of antidiabetic drugs in the outpatient departments of hospitals in Malappuram District, Kerala. - Journal of Basic and Clinical Physiology and Pharmacology.*

3. *Outbreak of Leptospirosis in Malappuram, Kerala – A Pilot study. Indian Journal of Hospital Pharmacy.*

4. *A Case Report on Cefoperazone induced rashes – Indian Journal of Hospital Pharmacy – Indian Journal of Hospital Pharmacy.*

5. *Assessment of patient satisfaction on the services provided by community pharmacies in and around Pulikkal, Kerala – International Journal of Pharmacy.*

6. *A prospective study on Adverse Drug Reactions of antibiotics in a tertiary care hospital – Saudi Pharmaceutical Journal. IF- 0.974.*

* **Three (3) papers in communication.**

- **Oral presentations: Two (2) at National Level**
 1. *A Prospective observational study of medication errors* in Pharmacon 2nd 2010 at Nehru College of Pharmacy, Pampady.
 2. *Effect of Clinical Pharmacist intervention on smoking cessation* in National Conference on Experimental Pharmacology and Drug Evaluation at PSG College of Pharmacy, Coimbatore in 2012. – **won third prize in oral competition.**

- **Poster presentations: Thirteen (13) Posters (Twelve (12) Posters at National Level and One (1) Poster at International Conference).**
 1. *Assessment of prescription pattern of diabetes mellitus in Malappuram District* at 62nd Indian Pharmaceutical Congress 2010 held at Manipal University.
 2. *Self medication with Over the Counter Drugs: A Questionnaire Based Survey* in the National Scientific Seminar on “Recent Frontiers in Pharmaceutical Sciences” at College of Pharmaceutical Sciences, Medical College, Thiruvananthapuram.
 3. *Assessment of Antibiotic Prescription Pattern in Pediatric Departments of a Tertiary care Referral Hospital* in the International Conference on ‘Expanding Horizons and Changing Dynamics in Pharmaceutical and Clinical Research’ conducted at Grace College of Pharmacy, Palakkad, India.
 4. *A Prospective Observational Study of Medication Errors in General Medicine Departments of a Tertiary care Hospital* in the International Conference on ‘Expanding Horizons and Changing Dynamics in Pharmaceutical and Clinical Research’ conducted at Grace College of Pharmacy, Palakkad, India.
 5. *Development of culture-specific pictograms for Hypertension Patient Counseling* in Pharmacon IV 2012 conducted at Nehru College of Pharmacy, Pambady, India.
 6. *Drug Prescription Pattern in Pediatric Epileptic Patients in a Tertiary care Referral Hospital* in Pharmacon IV 2012 conducted at Nehru College of Pharmacy, Pambady, India.

7. ***Development of Pediatric Formulary in a Tertiary care Hospital*** in Pharmacon IV 2012 conducted at Nehru College of Pharmacy, Pambady, India.
 8. ***Development of Second Edition of Hospital Formulary in Tertiary care Referral Hospital*** in Pharmacon IV 2012 conducted at Nehru College of Pharmacy, Pambady, India.
 9. ***A Prospective Surveillance Study on the Prevalence and Types of ADRs Reported in a Tertiary care Referral Hospital*** in Pharmacon IV 2012 conducted at Nehru College of Pharmacy, Pambady, India.
 10. ***A prospective study on Adverse Drug Reactions of antibiotics in a tertiary care hospital*** – National seminar held at PSG College of Pharmacy, Coimbatore.
 11. ***Study of patterns and preparations of guidelines for acute poisoning in a tertiary care hospital*** – National seminar held at PSG College of Pharmacy, Coimbatore.
 12. ***A retrospective study on antiasthamtic drug prescription pattern in a tertiary care hospital*** – National seminar held at PSG College of Pharmacy, Coimbatore.
 13. ***A prospective preliminary assessment of potential drug-drug interactions in inpatients of a tertiary care hospital*** - National seminar held at PSG College of Pharmacy, Coimbatore.
- **Conferences attended: Eleven (11) – (One (1) International and Ten(10) National Conferences)**
1. ***62nd Indian Pharmaceutical Congress 2010*** at Manipal University
 2. National Scientific Seminar on “***Recent Frontiers in Pharmaceutical Sciences***” at College of Pharmaceutical Sciences, Medical College, Thiruvananthapuram.
 3. 4th National Pharmaceutical Conference on ***Recent Trends in Pharmaceutical Research***, conducted by Nehru College of Pharmacy, Pampady.
 4. ***National CME on Emergency Medicine*** held at Al Shifa Hospital, Perintalmanna.
 5. Continuing Professional Development Programme on “***Modern Trends in Pharmacy Practice***” held at Amrita School of Pharmacy, Kochi.

6. Seminar on **“Pharma Research-Path ahead”** held at Al Shifa College of Pharmacy, Perintalmanna.
7. National Seminar on **“Recent Trends in Pharmaceutical Sciences & Education”**, held at Al Shifa College of Pharmacy, Perintalmanna.
8. **Staff Development Programme**, held at Al Shifa College of Pharmacy, Perintalmanna.
9. National Seminar on **“The Effective Intervention of Pharmacovigilance in the Indian Scenario”** held at Al Shifa College of Pharmacy, Perintalmanna, 29th July 2011.
10. **National Conference on Experimental Pharmacology and Drug Evaluation** at PSG College of Pharmacy, Coimbatore in 2012.
11. One day National Seminar on **“Research Methodology in Health Sciences”** organized by KMSCL Institute for Drug Studies (KIDS) at Trivandrum- 17th June 2013.

PERSONAL DATA

| | | |
|------------------------|---|---------------------------------------------|
| Date of Birth | : | 23-05-1983 |
| Marital Status | : | Married |
| Number of children | : | Two |
| Nationality | : | Indian |
| Religion | : | Islam |
| Languages Known | : | English, Hindi, Arabic and Malayalam |

PASSPORT DETAILS

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|----------------|---|-----------------|
| Passport No. | : | K3092204 |
| Place of issue | : | Malappuram |
| Place of birth | : | Ariptra, Kerala |
| Date of issue | : | 27/09/2012 |
| Date of expiry | : | 26/09/2022 |

REFERENCES

1. **Dr. S.Durgaramani M.Pharm, Ph.D**,
Professor,
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2. **Mr. Dilip. C, M.Pharm, (PhD), PGDPHM, PGDSM, DCA**
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DECLARATION

I am confident of my ability to work in a team and I hereby declare that the above said facts are true to the best of my knowledge.

Jazan

Date: 02/03/2015

Shamna M