

# Curriculum Vitae

## Fakhrul Islam, Ph.D.

### Professor



## I. BIOGRAPHICAL INFORMATION

### A. PERSONAL

**Home Address:** B-9, Noor Manzil Complex, Dodhpur, Aligarh 202002, UP, India

**Home Phone:** +91-571-2505973

**Business Address:** Department of Pharmacology, Faculty of Pharmacy, Jazan University, Kingdom of Saudi Arabia

**Business Phone:** +966548859843

**Business Fax:** +96673217440

**Email:** [drfislam@gmail.com](mailto:drfislam@gmail.com) or [fislam2001@yahoo.co.in](mailto:fislam2001@yahoo.co.in)

**Birth Date:** May 1, 1950

**Birth Place:** Azamgarh, UP, India

**Citizenship:** Indian

**Spouse:** Nishat Islam

**Children:** Mr. Fahad Islam  
Miss Farah Islam  
Mr. Faraz Islam

### B. WHO'S WHO IN THE WORLD

The USA based “Marquis Who’s Who in the World” has selected me for the publication of my biography in the issue of 2011.

### C. PATENT

1. [Formulation of polymeric nanocurcumin and its protective role on cerebral ischemia \(Submitted for the Patent\).](#)

## D. EDUCATION

- Ph.D.** Neurochemistry/Chemistry, 1981  
Interdisciplinary Brain Research Center, J.N. Medical College,  
A.M.U. Aligarh, 202002, UP, India & Department of Chemistry,  
Aligarh Muslim University, Aligarh, 202002, UP, India
- M.Phil.** Neurochemistry/Chemistry, 1979  
Interdisciplinary Brain Research Center, J.N. Medical College,  
A.M.U. Aligarh, 202002, UP, India & Department of Chemistry,  
Aligarh Muslim University, Aligarh, 202002, UP, India
- M.Sc.** Chemistry, 1975  
Department of Chemistry, Aligarh Muslim University,  
Aligarh, 202002, UP, India

## D. ACADEMIC APPOINTMENTS AND POSITIONS

### CURRENT POSITION

2010- present Department of Pharmacology, Faculty of Pharmacy, **Professor**  
Jazan University, Gizan, Kingdom of Saudi Arabia

### PAST POSITIONS

2009-2010 Department of Medical Elementology and Toxicology, **Professor**  
Jamia Hamdard (Hamdard University) New Delhi  
110062

2003-2009 Department of Medical Elementology and Toxicology, **Associate**  
Jamia Hamdard (Hamdard University) New Delhi **Professor**  
110062

1994-2003 Department of Medical Elementology and Toxicology, **Assistant**  
Jamia Hamdard (Hamdard University), Hamdard **Professor**  
Nagar, New Delhi 110062

1991-1994 Interdisciplinary Brain Research Center, Jawaharlal **Scientist**  
Nehru Medical College, Aligarh Muslim University, **Pool**  
Aligarh 202002

### HONORS AND AWARDS

1976-1985 Junior and Senior Research Fellow and Research Associate of  
University Grants Commission & Indian Council of Medical  
Research at Interdisciplinary Brain Research Center, J.N. Medical  
College, A.M.U. Aligarh, India

1985-1987 PDF IBRO-INSERM (International Brain Research Organization-  
Institute National de la Sante et de la Recherche Medicale), Centre

de Neurochimie du CNRS, Strasbourg CEDEX, France

- 1987-1987 PDF Takeda Science Foundation Osaka, Japan with the collaboration of Hayashi Bioinformation Transfer Project, Research Development Corp. of Japan, Nishioji-Hachijo Sagaru Minami-ku, Kyoto, Japan.
- 1987-1988 Scientist, Hayashi Bioinformation Transfer Project Res. Development Corporation of Japan, Exploratory Research for Advance Technology (ERATO), Osaka Bioscience Institute 6-2-4 Furuedai, Suita, Osaka, Japan.
- 1988-1989 PDF Osaka Bioscience Institute, 6-2-4 Furuedai, Suita, Osaka, Japan
- 1989-1991 PDF Japanese Science and Technology Agency 6F, Port One Bldg., Osaka Bioscience Institute 6-2-4 Furuedai, Suita, Osaka, Japan,.

## **E. PROFESSIONAL SOCIETIES**

1. International Brain Research Organization (IBRO).
2. International Society for Neurochemistry (ISN).
3. Society for Neuroscience (SfN).
4. Indian Academy of Neurosciences.
5. Society of Toxicology, India.
6. Indian Sleep Research Society.

## **II. PROFESSIONAL ACTIVITIES. (Reviewer of the following International Journals and Ph.D. Theses at National Level)**

### **S.No. JOURNALS**

1. Food and Chemical Toxicology
2. Basic and Clinical Pharmacology and Toxicology
3. Toxicology and Environmental Chemistry
4. Cell Biology International
5. Pharmacology Biochemistry and Behaviour
6. J. Ethnopharmacology
7. J. Medicinal Food
8. Life Science
9. The European Journal of Pharmacology
10. Pharmacology Research
11. Toxicology and Environmental Chemistry
12. Biological Trace Element Research
13. Neurotoxicity Research
14. African J of Pharmacy and Pharmacology
15. International J of Biomedical Science
16. Biologia, section Cellular and Molecular Biology
17. Nanotoxicology

## REVIEWER OF THE FOLLOWING Ph.D. THESES

| No. | DETAILS OF Ph.D. THESES  |
|-----|--|
| 1.  | <p><b>Title</b> Pollution studies on Western Yamuna canal and Yamuna river: Ph.D. in Chemistry.</p> <p><b>Name of candidate</b> Mr. Dharmender Kumar</p> <p><b>Name of University</b> Jamia Millia Islamia, Department of Chemistry, New Delhi.</p> <p><b>Ph.D.</b> Chemistry</p>  |
| 2.  | <p><b>Title</b> Functional restoration in rat model of Parkinson's disease using fetal neural cells: cotransplantation with paraneural cells from long term viability. Ph.D. in Biochemistry.</p> <p><b>Name of candidate</b> Mr. Shubha Shukla</p> <p><b>Name of University</b> Jiwaji University, School of Studies in Biochemistry, Gwalior, MP.</p> <p><b>Ph.D.</b> Biochemistry</p> |
| 3.  | <p><b>Title</b> Prediction of acute toxicity (LD-50) of drugs/compounds by invitro methods. Ph. D. in Biosciences.</p> <p><b>Name of candidate</b> Ms. Shahnaz Akhtar</p> <p><b>Name of University</b> Jamia Millia Islamia, Department of Biosciences, New Delhi</p> <p><b>Ph.D.</b> Biosciences</p>  |
| 4.  | <p><b>Title</b> Study of neuroprotective effect of an Ayurvedic prapration using a model of ischemia induced neuronal cells.</p> <p><b>Name of candidate</b> Mr. Ravindra M Satpute</p> <p><b>Name of University</b> RTM Nagpur University, Biochemical Research Lab., Central India Institute of Medical Sciences, Nagpur, Maharastra.</p> <p><b>Ph.D.</b> Biochemistry</p>             |

### III. FIELD OF SPECIALIZATION:

1. Neurotoxicity biomarker enzymes, neurotransmitters and their receptors. CNS active drugs, chemicals, herbal extracts, their active principles, nanoparticles drugs delivery etc.
2. Lipids, lipid enzymes, reactive oxygen species and oxidative stress parameters. Liver function tests, kidney function tests and cardiac function tests etc.
3. Neurodegenerative diseases (Parkinson's disease, Alzheimer Disease, Cerebral Ischemia), their management by some chemicals, herbal extracts and their active principles, nanodrugs from chemicals and active principles of medicinal plants and stem cells etc.

## IV. EDUCATIONAL ACTIVITIES

### COURSES TAUGHT

- 1994-2010 **NEUROTOXICOLOGY**  
Neuroanatomy, Neuropathy and delayed neuropathy, Neurotransmitters, Neurotoxicity biomarkers, Neurotoxicity of organochlorine and organophosphate pesticides, Brain diseases.
- 1994-2010 **FORENSIC TOXICOLOGY**  
Poisoning, mode of action, metabolism, signs and symptoms of poisoning, postmortem changes and gastric lavage: (a) Corrosive Poisons (b) Metals and their salts (c) Volatile Poisons (d) Gaseous Poisons (e) Synthetic Drugs (f) Plants Poisons (g) Animals poisons (h) Drugs of Abuse.

## V. RESEARCH ACTIVITIES

### A. Ph.D. THESES SUPERVISED (19)

| No. | DETAILS  |
|-----|--|
| 1.  | <b>Title</b> Study of selenium on brain lipids<br><b>Name of candidate</b> Ms. Suhaila Zia<br>Date of registration<br>Date of award March 25, 1998   |
| 2.  | <b>Title</b> To study the influence of sleep inducing hypogenic brain areas on REM generating area neuronal activity in freely moving animals<br><b>Name of candidate</b> Mr. Stephen Thankchan<br>Date of registration November 6, 1995<br>Date of award November 3, 2000 |
| 3.  | <b>Title</b> Effect of Argemone oil on Lipid metabolism<br><b>Name of candidate</b> Mr. Iqbal Sayeed<br>Date of registration August 20, 1996<br>Date of award November 7, 2001   |
| 4.  | <b>Title</b> Identification of receptors sensitive to body temp. Sleep and wakefulness in pre-optic area of anterior hypothalamus<br><b>Name of candidate</b> Mr. Sushil Kumar Jha<br>Date of registration November 28, 1995<br>Date of award December 12, 2001            |
| 5.  | <b>Title</b> Role of oxidative stress in Parkinson's disease and its prevention<br><b>Name of candidate</b> Mr. Khan Shoeb Zafar   |

- Date of registration September 12, 2002.  
Date of award
- 6. Title** Role of nitric oxide and peroxynitrite in methamphetamine induced neurotoxicity  
**Name of candidate** Mr. S. Zohair Imam  
Date of registration August 20, 1996  
Date of award October 25, 2002
- 7. Title** Studies of Argemone oil on the oxidative stress in discrete areas of brain  
**Name of candidate** Ms. Almas Siddiqui  
Date of registration July 1, 2000  
Date of award December 20, 2002.
- 8. Title** Evaluation of mustard oil as health oil in rat model  
**Name of candidate** Ms. Parul Batra  
Date of registration August 25, 1999  
Date of award July 30, 2003.
- 9. Title** Studies on Parkinson's disease: Search for therapeutic agents from herbs and herbal drugs  
**Name of candidate** Mr. Muzamil Ahmad  
Date of registration July 1, 2001  
Date of award August 30, 2003
- 10 Title** Studies on Cerebral Ischemia and its treatment with herbs and herbal drugs  
**Name of candidate** Mr. Sofiyan Saleem  
Date of registration December 8, 2000  
Date of award September 16, 2003
- 11. Title** A cellular and molecular mechanism of argemone oil neurotoxicity  
**Name of candidate** Mr. Mubeen Ahmad Ansari  
Date of registration January 6, 2002  
Date of award May 18, 2005
- 12. Title** A cellular and molecular mechanism of cerebral ischemia and its prevention  
**Name of candidate** Ms. Seema Yousuf  
Date of registration January 6, 2002  
Date of award September 28, 2005
- 13. Title** Studies on cognitive impairment (Alzheimer's disease): Behavioral, cellular and molecular aspect in animal model and its prevention  
**Name of candidate** Mr. Tauheed Ishrat  
Date of registration October 1, 2003  
Date of award December 13, 2007
- 14. Title** Cellular, molecular and neuro-immunological approach of cognitive impairment (Alzheimer's disease) in animal model and its prevention.  
**Name of candidate** Mr. M. Badruzzaman Khan

- Date of registration October 1, 2003  
Date of award November 10, 2008
- 15. Title** Neurobehavioral, Neurochemical, and Molecular aberrations in Parkinson's disease and prevention by synthetic and Herbal drugs.  
**Name of candidate** Mr. Mohammad Mushahid Khan  
Date of registration June 1, 2006  
Date of award September 1, 2009
- 16. Title** Neurobehavioral and neurochemical approach in cerebral ischemia and its prevention  
**Name of candidate** Mr. Ajmal Ahmad  
Date of registration June 1, 2006  
Date of award December 15, 2009
- 17. Title** Therapeutic potential of herbs/herbal drugs/chemicals on Parkinson's disease in animal model.  
**Name of candidate** Ms. Pallavi Shrivastava  
Date of registration January 23, 2006  
Date of award (Submitted)
- 18. Title** Neurobehavioral, neurochemical and molecular approach in Alzheimer's disease.  
**Name of candidate** Mr. Hayate Javed  
Date of registration February 11, 2009  
Date of award (Submitted)
- 19. Title** Cellular and molecular approaches to prevent cerebral ischemia.  
**Name of candidate** Mr. Syed Shadab Raza  
Date of registration February 11, 2009  
Date of award (Submitted)

## **B. Ph.D. THESES CO-SUPERVISED (6)**

- | <b>No.</b>               | <b>DETAILS</b>  |
|--------------------------|---|
| <b>1. Title</b>          | Toxicological studies of reproductive and histophorphological aspects of fenvalerate inhalation exposed rats          |
| <b>Name of candidate</b> | Mr. U. Mani   |
| <b>Date of award</b>     | November 16, 2001   |
| <b>2. Title</b>          | Investigations on some plant and mineral origin drugs for protective effect against stress and ischemic brain injury. |
| <b>Name of candidate</b> | Mr. Zahoor Ahmad Shah   |
| <b>Date of award</b>     | February 23, 2002   |
| <b>3. Title</b>          | Immunotoxic effects of deltamethrin in mice   |
| <b>Name of candidate</b> | Mr. Hasibur Rahman  |
| <b>Date of award</b>     | January 23, 2003  |

4. **Title** Developmental neurotoxicity of pyrethroid based mosquito repellents: neurochemical, neurobehavioural and blood-brain barrier permeability  
**Name of candidate** Ms. Chaitali Sinha  
**Date of award** April 19, 2005
5. **Title** Induction of stress proteins in fish in response to exposure to aquatic pollutants and their role as biomarkers of pollution  
**Name of candidate** Ms. Manpreet Kaur  
**Date of award** January 9, 2008
6. **Title** Studies on modulatory role of herbal extracts on Cyclophosphamide-induced urotoxicity in mice.  
**Name of candidate** Ms. Kanchan Bhatia  
**Date of award** January 23, 2008
7. **Title** Endocrine disrupting effects of xenobiotics in malnourished rats  
**Name of candidate** Ms. Heena Rashid  
**Date of award** Submitted

### C. **Ph.D. SCHOLARS REGISTERED AS SUPERVISOR (5)**

- | <b>No.</b> | <b>DETAILS</b>   |
|------------|--|
| 1.         | <p><b>Title</b> Chemoprevention on Alzheimer's disease models in vivo and in vitro.<br/> <b>Name of candidate</b> Ms. Andleeb Khan<br/> <b>Date of registration</b> February, 2007</p>                 |
| 2.         | <p><b>Title</b> Neurobehavior and molecular approach in cerebral ischemia.<br/> <b>Name of candidate</b> Mr. Kumar Vaibhav<br/> <b>Date of registration</b> February, 2007</p>                         |
| 3.         | <p><b>Title</b> Prevention of cerebral ischemia by herbal drugs in animal model.<br/> <b>Name of candidate</b> Ms. Rizwana Tabassum<br/> <b>Date of registration</b> February 11, 2009</p>             |
| 4.         | <p><b>Title</b> Treatment of cognitive impairment in rats.<br/> <b>Name of candidate</b> Mr. Mohd. Ejaz Ahmed<br/> <b>Date of registration</b> February 11, 2009</p>                                   |
| 5.         | <p><b>Title</b> Neurobehavioral, neurochemical and molecular approach in Alzheimer's disease.<br/> <b>Name of candidate</b> Mr. Mohammad Ashfaq<br/> <b>Date of registration</b> February 11, 2009</p> |



## D. Ph.D. SCHOLARS REGISTERED AS CO-SUPERVISOR (4)

| No. | DETAILS   |
|-----|---|
| 1.  | <p><b>Title</b> Radiation-induced neurobehavioral perturbations and their modification by certain phytoextracts</p> <p><b>Name of candidate</b> Mr. Anupum Haksar</p> <p><b>Date of registration</b> September 1, 2004</p>                    |
| 2.  | <p><b>Title</b> Development and validation of in vitro model of cerebral ischemia to access the neuroprotective potential of drugs</p> <p><b>Name of candidate</b> Mr. Reyaz Waris Ansari</p> <p><b>Date of registration</b> June 5, 2006</p> |
| 3.  | <p><b>Title</b> Endocrine disrupting effects of xenobiotics in malnourished rats</p> <p><b>Name of candidate</b> Ms. Heena Rashid</p> <p><b>Date of registration</b> January 23, 2006</p>   |
| 4.  | <p><b>Title</b> Efficacy of curcumin and selected natural extracts against neurobehavioral toxicity of arsenic and monocrotophos</p> <p><b>Name of candidate</b> Rajesh Singh Yadav</p> <p><b>Date of registration</b> May 31, 2008</p>       |

## VI. FINANCIAL SUPPORT

### A. CURRENT FINANCIAL SUPPORT

| No. | DETAILS   |
|-----|---|
| 1.  | <p><b>Title</b> Formulation of polymeric nanoparticles-encapsulated curcumin (nanocurcumin) and brain targeted for the prevention of cerebral ischemia</p> <p><b>Role in Project</b> Principal Investigator</p> <p><b>Awarding body</b> DST</p> <p><b>Funding Amount</b> <b>Rs. 1,26,37,000 or Rs. 12.637 Million</b></p> |
| 2.  | <p><b>Title</b> Action of khat on neurotransmitters</p> <p><b>Role in Project</b> Principal Investigator</p> <p><b>Awarding body</b> Substance Abuse Research Center (SARC), Jazan University, KSA</p> <p><b>Funding Amount</b> <b>Saudi Arabia Riyal 165,000.00</b></p>  |
| 3.  | <p><b>Title</b> Study the action of KHAT on the brain lipids</p> <p><b>Role in Project</b> Co-Investigator</p> <p><b>Awarding body</b> Substance Abuse Research Center (SARC), Jazan University, KSA</p> <p><b>Funding Amount</b> <b>SAR 210,000.00</b></p>   |

## B. PAST FINANCIAL SUPPORT

| No. | DETAILS  |
|-----|--|
| 1.  | <p><b>Title</b> Extraction, Identification and Toxic potential of erucic acid and pungent components (glucosinolates) of mustard oil</p> <p>Role in Project Principal Investigator</p> <p>Awarding body Council of Scientific and Industrial Research (CSIR)</p> <p>Award period 1999-2002</p> <p>Funding Amount <b>Rs. 1,900,000.00</b></p>           |
| 2.  | <p><b>Title</b> Argemone oil neurotoxicity and prevention.</p> <p>Role in Project Principal Investigator</p> <p>Awarding body Central Council for Research in Unani Medicine (CCRUM)</p> <p>Award period 1999-2002</p> <p>Funding Amount <b>Rs. 1,461,000.00</b></p>   |
| 3.  | <p><b>Title</b> Studies on Ischemic stroke and its treatment by some herbs and herbal drugs used in Unani system of medicine.</p> <p>Role in Project Principal Investigator</p> <p>Awarding body Central Council for Research in Unani Medicine (CCRUM)</p> <p>Award period 2000-2003</p> <p>Funding Amount <b>Rs. 1,580,000.00</b></p>                |
| 4.  | <p><b>Title</b> Hypoperfusion/reperfusion induced brain ischemia: Search for protective agents from herbo-mineral sources.</p> <p>Role in Project Principal Investigator</p> <p>Awarding body Indian Council of Medical Research (ICMR)</p> <p>Award period 2001-2004</p> <p>Funding Amount <b>Rs. 750,000.00</b></p>                                  |
| 5.  | <p><b>Title</b> Evaluation of mustard oil for human health: An in vivo human study.</p> <p>Role in Project Principal Investigator</p> <p>Awarding body Council of Scientific and Industrial Research (CSIR)</p> <p>Award period 2001-2004</p> <p>Funding Amount <b>Rs. 2,500,000.00</b></p>  |
| 6.  | <p><b>Title</b> Role of certain Unani Medicines in the prevention of Alzheimer's disease: A study in rat model.</p> <p>Role in Project Principal Investigator</p> <p>Awarding body Department of Ayurveda, Yoga Unani, Siddha &amp; Homeopathy (AYUSH)</p> <p>Award period April 2004-September 2007</p> <p>Funding Amount <b>Rs. 1,750,000.00</b></p> |
| 7.  | <p><b>Title</b> Studies on Homoeopathic medicines for the treatment of cerebral ischemia.</p> <p>Role in Project Principal Investigator</p> <p>Awarding body Central Council for Research in Homoeopathy (CCRH)</p> <p>Award period April 2005-March 2006</p> <p>Funding Amount <b>Rs. 500,000.00</b></p>  |
| 8.  | <p><b>Title</b> Studies on Homeopathic Medicines for the treatment of</p>  |

- |                 |   |
|-----------------|---|
|                 | Parkinson's disease.  |
| Role in Project | Principal Investigator  |
| Awarding body   | Department of Ayurveda, Yoga Unani, Siddha & Homeopathy (AYUSH) |
| Award period    | 2004-2007   |
| Funding Amount  | <b>Rs. 2,389,000.00</b>   |
- 9. Title** Studies on Homeopathic Medicines for the treatment of Parkinson's disease.
- |                 |   |
|-----------------|---|
| Role in Project | Principal Investigator  |
| Awarding body   | Department of Ayurveda, Yoga Unani, Siddha & Homeopathy (AYUSH) |
| Award period    | 2004-2007   |
| Funding Amount  | <b>Rs. 2,389,000.00</b>   |
- 10. Title** Medicinal importance of alkaloid free argemone oil.
- |                 |                         |
|-----------------|-------------------------|
| Role in Project | Principal Investigator  |
| Awarding body   | CCRUM                   |
| Award period    | April 2006- March 2009  |
| Funding Amount  | <b>Rs. 2,017,600.00</b> |
- 11. Title** Role of some Ayurvedic drugs and herbal extracts in the prevention of cerebral ischemia in rats.
- |                 |  |
|-----------------|--|
| Role in Project | Principal Investigator                                   |
| Awarding body   | Central Council for Research in Ayurvedic System (CCRAS) |
| Award period    | 2007-2009  |
| Funding Amount  | <b>Rs. 2,386,400.00</b>                                  |
- 12. Title** Studies of Homeopathic medicines on healthy neuronal cell line.
- |                 |                         |
|-----------------|-------------------------|
| Role in Project | Principal Investigator  |
| Awarding body   | AYUSH                   |
| Award period    | 2007-2009               |
| Funding Amount  | <b>Rs. 2,221,600.00</b> |
- 13. Title** Studies on the prevention of Parkinson's disease by some Unani Medicines and herbs in animals
- |                 |   |
|-----------------|---|
| Role in Project | Principal Investigator                    |
| Awarding body   | AYUSH                                     |
| Award period    | April 2008-March 2010                     |
| Funding Amount  | <b>Rs. 2,500,000.00 (Rs. 2.5 Million)</b> |

**TOTAL COST OF COMPLETED PROJECTS: Rs. 21,814,800**

**OR Rs. 21.815 MILLION**

## VII. PUBLICATIONS

| S.No. | Authors, Titles and Journals  | Impact Factor |
|-------|---|---------------|
| 1.    | Ahmada A, Khana MM, Raza SS, Javeda H, Islam F, Safhi MM and Islam F. Ocimum sanctum attenuates oxidative damage and neurological deficits following focal cerebral ischemia/reperfusion injury in rats. <i>Neurological Science</i> ( <b>IN PRESS</b> ).   | 2.092         |
| 2.    | Ashafaq M, Khan MM, Raza SS, Khuwaja G, Ahmad A, Javed H, Khan A, Islam F, Siddiqui MS, Safhi MM, Islam F. S-allyl cysteine mitigates oxidative associated damage and improves functional outcome in rat model of ischemia/reperfusion injury. <i>Nutrition Res.</i> 2012, 32:133-143.  | 1.22          |
| 3.    | Khan MB, Hoda MN, Ishrat T, Ahmad S, Moshahid Khan M, Ahmad A, Yusuf S, Islam F. Neuroprotective efficacy of Nardostachys jatamansi and crocetin in conjunction with selenium in cognitive impairment. <i>Neurol Sci.</i> 2011 Dec 15. [Epub ahead of print]  | 1.22          |
| 4.    | Khan MM, Raza SS, Javed H, Ahmad A, Khan A, <b>Safhi MM</b> , Islam F. Rutin Protects Dopaminergic Neurons from Oxidative Stress in an Animal Model of Parkinson's Disease. <i>Neurotox. Res.</i> DOI 10.1007/s12640-011-9295-2   | 3.10          |
| 5.    | Raza SS, Khan MM, Ashafaq M, Ahmad A, Khuwaja G, Khan A, Siddiqui MS, <b>Safhi MM</b> , Islam F. Silymarin protects neurons from oxidative stress associated damages in focal cerebral ischemia: A behavioral, biochemical and immunohistological study in Wistar rats. <i>J Neurolog. Sciences</i> 2011 Oct 15;309(1-2):45-54.   | 2.492         |
| 6.    | Raza SS, Khan MM, Ahmad A, Ashafaq M, Khuwaja G, Tabassum R, Javed H, Siddiqui MS, Safhi MM, <b>Islam F</b> . Hesperidin ameliorates functional and histological outcome and reduces neuroinflammation in experimental stroke. <i>Brain Res.</i> 2011, Oct. 28(1420): 93-105.   | 2.296         |
| 7.    | Javed H, Khan MM, Khan A, Vaibhav K, Ahmad A, Khuwaja G, Ahmed ME, Raza SS, Ashafaq M, Tabassum R, Siddiqui MS, El-Agnaf OM, Safhi MM, <b>Islam F</b> . S-allyl cysteine attenuates oxidative stress associated cognitive impairment and neurodegeneration in mouse model of streptozotocin-induced experimental dementia of Alzheimer's type. <i>Brain Res.</i> 2011 May 10;1389:133-42. | 2.296         |
| 8.    | Ahmad A, Khan MM, Hoda MN, Raza SS, Khan MB, Javed H, Ishrat T, Ashafaq M, Ahmad ME, Safhi MM, <b>Islam F</b> . Quercetin Protects Against Oxidative Stress Associated Damages in a Rat Model of Transient Focal Cerebral Ischemia and Reperfusion. <i>Neurochem Res.</i> 2011, 36(8):1360-1371.  | 3.128         |
| 9.    | Khuwaja G, Khan MM, Ishrat T, Ahmad A, Raza SS,   | 2.296         |

|     |   |       |
|-----|---|-------|
|     | Ashafaq M, Javed H, Khan MB, Khan A, Vaibhav K, Safhi MM, <b>Islam F</b> . "Neuroprotective effects of curcumin on 6-hydroxydopamine-induced Parkinsonism in rats: behavioral, neurochemical and immunohistochemical studies. Brain Res. 2011 Jan 12;1368:254-63.   |       |
| 10. | Khan MM, Hoda MN, Ishrat T, Ahmad A, Khan MB, Khuwaja G, Raza SS, Safhi MM, <b>Islam F</b> . Amelioration of 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine-induced behavioural dysfunction and oxidative stress by Pycnogenol in mouse model of Parkinson's disease. Behav Pharmacol. 2010 Sep;21(5-6):563-71. | 2.854 |
| 11. | Khan MM, Ishrat T, Ahmad A, Hoda MN, Khan MB, Khuwaja G, Srivastava P, Raza SS, <b>Islam F</b> , Ahmad S. "Sesamin attenuates behavioral, biochemical and histological alterations induced by reversible middle cerebral artery occlusion in the rats." Chem Biol Interact. 2010 Jan 5;183(1):255-63.         | 2.457 |
| 12. | Ahmad A, Khan MM, Ishrat T, Khan MB, Khuwaja G, Raza SS, Shrivastava P, <b>Islam F</b> . Synergistic Effect of Selenium and Melatonin on Neuroprotection in Cerebral Ischemia in Rats. Biol Trace Elem Res. 2010, 139(1): 81-96.  | 0.869 |
| 13. | Yousuf S, Atif F, Ahmad M, Ishrat T, Khan B, <b>Islam F</b> . Neuroprotection Offered by Majun Khadar, A Traditional Unani Medicine, during Cerebral Ischemic Damage in Rats. Evid Based Complement Alternat Med. 2010 Jan 3. [Epub ahead of print]PMID]  | 2.064 |
| 14. | Yadav RS, Shukla RK, Sankhwar ML, Patel DK, Ansari RW, Pant AB, <b>Islam F</b> , Khanna VK. Neuroprotective effect of curcumin in arsenic-induced neurotoxicity in rats. Neurotoxicology. 2010, 31(5):533-539.  | 2.91  |
| 15. | Pratap R, Pillai K, Khanam R, <b>Islam F</b> , Ahmad SJ, Akhtar M. Protective effect of irbesartan, an angiotensin II receptor antagonist, alone and in combination with aspirin on middle cerebral artery occlusion model of focal cerebral ischemia in rats. Hum Exp Toxicol. 2010, 30(5):354-362.          | 1.293 |
| 16. | Khan MM, Ahmad A, Ishrat T, Khan MB, Hoda MN, Khuwaja G, Raza SS, Khan A, Javed H, Vaibhav K, <b>Islam F</b> . Resveratrol attenuates 6-hydroxydopamine-induced oxidative damage and dopamine depletion in rat model of Parkinson's disease. Brain Res. 2010 Apr 30;1328:139-51.                              | 2.296 |
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## VIII. LIST OF THE COMMUNICATED PAPERS

| S.No. | List of the Communicated papers in International Journals   |
|-------|---|
| 1.    | Kumar Vaibhav, Pallavi Shrivastava, Hayate Javed, Andleeb Khan, Rizwana Tabassum, Md. Ejaz Ahmed, Mohd. Moshahid Khan, Farah Islam, M. Saeed Siddiqui, Mohammed M. Safhi and Fakhru Islam. <i>Azadirachta indica</i> inhibits oxidative damage and apoptosis to prevent cerebral ischemic-reperfusion injury in rats.   |
| 2.    | M. Badruzzaman Khan, Md. Nasrul Hoda, Tauheed Ishra, Mohd Moshahid Khan, Ajmal Ahmad Farah Islam, Niloufar Haque, Mohammed M. Safhi, Fakhru Islam. Regulation of Stem cells by Fibroblast Growth Factor-2 and <i>Nardostachys jatamansi</i> in Cognitive impairments (COMMUNICATED).  |
| 3.    | Hayate Javed, Mohd Moshahid Khan, Andleeb Khan, Kumar Vaibhav, Gulrana Khuwaja, Ejaz Ahmad, Ashafaq Ahmad, Rizwana Tabassum, Farah Islam, M. Saeed Siddiqui, O.M.El-Agnaf, M.M. Safhi, Fakhru Islam. Effect of hesperidin on neurobehavioral, oxidative stress and lipid profiles in intracerebroventricular streptozotocin induce cognitive impairment in mice (COMMUNICATED). |
| 4.    | Rizwana Tabassum, Kumar Vaibhav, Pallavi Shrivastava, Andleeb Khan, Mohd. Ejaz Ahmed, Hayate Javed, Farah Islam, Syeed Ahmad, M. Saeed Siddiqui, Mohammed M. Safhi and Fakhru Islam. <i>Centella asiatica</i> attenuates the neurobehavioral, neurochemical and histological changes in middle cerebral artery occlusion rats (COMMUNICATED).                                   |
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### B. ABSTRACTS:

More than 200 in National and International Conferences

### C. ARTICLE

1. Batra, P, Zafar, KS and **Islam, F**. Is mustard oil toxic? SAARC Oil & Fats Today 2001, III-IV: 50-52.

## D. BOOK CHAPTER

1. Batra P, Zafar KS and **Islam F**. Evaluation of mustard oil as health oil. In Health and Dietary Aspect of Mustard Oil. Eds. AK Bhatnagar, HB Singh and S Prakash. 2001, 32-40.
2. Kaur P and Islam F. Nutritional aspects of mustard oil. In Health, Nutrition and Value Addition of Indian Mustard. Eds. D Mathur and Bharti, 2003, 62-70.

## VIII. Placement of my Ph.D./RA Scholars

1. **Dr. Suhaila Zia**: PDF, USA.
2. **Dr. Stephen Thankchan**: PDF, Department of Psychology, Dalhousie University, Halifax, Nova Scotia, B3H 4J1, Canada.
3. **Dr. Iqbal Sayeed**: PDF, Department of Ophthalmology, 243 Charles Street, Boston, MA 02114 USA.
4. **Dr. Sushil Kumar Jha**: Assistant Professor, School of Life Science, JNU, New Delhi. Laboratory for Study of the Brain in Sleep, The School of Veterinary Medicine, USA.
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20. **Dr. Gulrana Khuwaja:** Assistant Professor, College of Pharmacy, Jazan University, Jazan, Kingdom of Saudi arabia.
21. **Dr. Parvidar Kaur:** Worked for 2 years under my supervision then **Ph.D. from Norway. (PDF, USA)**
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## **IX. CURRENT AND FUTRE RESEARCH INTERESTS**

My present interest is the prevention/treatment of various neurodegenerative diseases like Parkinson's, Alzheimer's and cerebral ischemia with chemicals, active principles of medicinal plants and compound drugs used in Unani and Ayurvedic system. To achieve the goal, Parkinson's disease, Alzheimer's disease and cerebral ischemia models is standardized in rodents in my lab.

My future goal will be the treatment of these diseases as well as spinal cord and brain injury with stem cells transplantation alone and in combination with the nanodrugs from some chemicals or active principles of the medicinal plants. The primary culture for Parkinson's disease, Alzheimer's disease and cerebral ischemia will also be used for testing the efficacy of the nanodrugs. The mechanistic approach of lipids including gangliosides and its enzymes with some molecular aspect on neurodegenerative diseases will also be studied.